



Karate NL Tournament Registration
10 November 2012
KNL- Standard Individual Registration Sheet

Location : The Powerplex (NL Provincial Training Center), Crosbie Road, St. John's, NL

Note: "No outside footwear permitted in gym area." Leave outside or carry in a waterproof bag

Date : Sat 10 Nov 2012

Time : 9:00 am. to 1:00 pm. (Junior events **12yrs & under**).
1:30 pm to 4:30 pm . (Junior events **13yrs & older**; **Senior events**)

Times given are an estimation and competitors should arrive and be ready 30 mins prior.

Cost : \$20– Any 1 event; \$30 – Any 2 events; \$35 – all 3 events (*Kata, Team Kata & Kumite*)

- Team Kata 3 members – designate team captain.
- Divisions determined by highest ranking/age member on the team
- Kumite – All competitor must have own gum shield, *Jock* for male, *Jill* for female (optional), Shinguard (optional), gloves and belts (Blue and Red).

All registrations must be received by Tournament Co-ordinator by deadline: **Wed 07 Nov 2012**

Registration Form – Karate NL Tournament:

Date: 10 Nov 2012

Dojo: _____ Sensei(s): _____ Amt: \$ _____

Name: _____ M/F _____ Age _____ Rank _____

Events: *Kumite* Weight _____ Height _____

Kata (individual)

Team Kata Team Kata Members:

1. (Captain) _____ 2. _____ 3. _____

Permission of parent/guardian if competitor under 19yrs:

Signature of Parent/Guardian

Date: