

Kate Campbell



In September 1996, at six years of age, Kate began training in [Chito-Ryu](#) karate with the New Maryland Karate Club, just outside Fredericton, New Brunswick, Canada. Ten months later she competed in her first provincial karate tournament, finishing 1st in kata.

Since then, competing in both kata (forms) and kumite (sparring), she has been New Brunswick champion thirteen times, Maritime/Atlantic champion fourteen times, a National champion four times and an International medalist eight times. Her achievements have been recognized by the New Brunswick Chito-ryu Association, Sports NB and Karate Canada.

NB Provincial Grand Prix tournament series

2003-04 – 2nd in kata; 3rd in kumite
2004-05 – 1st in kata; 1st in kumite
2005-06 – 1st in kata; 2nd in kumite
2006-07 – 1st in kata; 1st in kumite
2007-08 – 1st in kata; 1st in kumite
2008-09 – 1st in kata; 1st in kumite
2009-10 - 1st in kata; 1st in kumite
2010-11 - 1st in kata; 1st in kumite
2011-12 - currently 1st in kata; 1st in kumite

Maritime/Atlantic Championships

2004 – 3rd in kata; 1st in kumite
2005 – 3rd in kata; 1st in kumite
2006 – 1st in kata; 1st in kumite
2007 – 1st in kata; 1st in kumite
2008 – 1st in kata; 1st in kumite
2009 – 1st in kata; 1st in 18-20 kumite; 1st in 21+ kumite
2010 – 1st in kata; no kumite offered
2011 - 1st in kata; 1st in kumite

National Karate Championships

2004 - Edmonton, AB

2005 - Halifax, NS

2006 – St.John's, NL - 3rd in kumite, 3rd in team kumite

2007 - Richmond, BC

2008 – Saint John, NB - 2nd in kumite

2009 - Calgary, AB - 1st in 18-20 -60kg kumite

2010 – Toronto, ON - 1st in 18-20 -60kg kumite, 2nd in 21+ open weight kumite

2011 - [Saint-Hyacinthe](#), QC - 1st in 18-20 -60kg kumite, 3rd in 21+ -61kg kumite, 1st in 21+ open weight kumite

International PKF & WKF Championships

2006 – [Pan-American](#) Junior Championships - Curacao, Dutch Antilles

2008 – [Pan-American](#) Junior Championships - Santiago, Chile

2009 – [Pan-American](#) Junior Championships - San Salvador, El Salvador - 3rd in team kumite

2009 - WKF Junior World Championships - Rabat, Morocco - 9th in kumite

2010 - [Pan-American](#) Senior Championships - Quito, Ecuador - 10th in kumite

2010 – [Pan-American](#) Junior Championships - Montreal, Canada - 3rd in kumite, 3rd in team kumite

2011 - [Pan-American](#) Senior Championships - Guadalajara, Mexico

International Open Competitions

2007 – Internationale Coup de Ottosan - Montreal, Canada – 2nd in kata, 1st in kumite

2009 – Montreal International Open – Montreal, Canada - 3rd in kata

2010 - Paris Open - Paris, France - 7th in kumite

2011 - Paris Open - Paris, France - 11th in open weight kumite

2011 - US Open - Las Vegas, USA - 5th in -61kg kumite, 3rd in open weight kumite

2011 - North American Cup - Montreal, Canada - 3rd in kumite

2011 - Istanbul Open - Istanbul, Turkey - 6th in kumite

Team Selections

NB Provincial Karate Team - 2004 to present; co-captain 2007, 2008, 2010 and 2011

Canadian National Junior Karate Team - 2006, 2008, 2009 and 2010; co-captain 2009 and 2010

Canadian National Senior Karate Team - 2010 and 2011

Awards

2006 – Vincent Redfern Junior Sportsmanship award at National Karate Championships, St.Johns, NL

2007 – NB [Chito-Ryu](#) Women's Grand Champion

2008 – NB [Chito-Ryu](#) Women's Grand Champion

2008 – Finalist for two [SportsNB](#) Pitney Bowes Sports Awards - Female Athlete of the Year and the President's Award (for athletes who best exemplify the spirit and future of sport in N.B.)

2009 – Dr. Jack Dick Senior Sportsmanship Award at National Karate Championships, Calgary, AB

2009 – NB [Chito-Ryu](#) Women's Grand Champion

2011 - Karate Canada [Work-Study](#) Award at National Karate Championships, [Saint-Hyacinthe](#), QC

2011 - Karate Canada Senior Sportsmanship Award at National Karate Championships, [Saint-Hyacinthe](#), QC

2011 - Finalist for [SportsNB](#) Pitney Bowes Sports Award - Spirit of Sport Award

Currently Kate is instructing at her local club, competing in Provincial and Regional tournaments, and training for her next international event.